

# NEWS

Caribbean-American For Community Involvement in Florida, Inc.
Our mission is to enhance, maintain and sustain the quality of life for the community consistent with the culture and traditions of our diverse ancestral heritage.

OCTOBER 2022



# BOARD OF DIRECTORS OFFICERS

President	Dennis Wright
1st Vice President	Genieve White
2 <sup>nd</sup> Vice President	.Rhonda Ferrin-Davis
Treasurer	TBD
Recording Secretary.	Doreen Baker
Corresponding Secret	tary Paul Baker

#### **DIRECTORS**

Winsom Genus-Martin ★ Carolyn Hmara Barry Martin ★ Hildreth Stoddart-Brown

### **NEWSLETTER COMMITTEE**

Marcia Hayden ★ Lawrence Logan Shirley Morrison ★ Junette Powell Barbara Walker ★ Thalia White Lauren

## **COMMITTEE CHAIRPERSONS**

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Alliance G	
Annual Friendship Ball D	
BudgetRa	
BylawsBa	rbara Walker
CAFCI HomeRa	dcliffe Brown
CulturalHildreth Sto	
FinanceG	enieve White
GrantsShi	
Historian/ProtocolRhonda	
Membership	Audrey Smith
NewsletterJu	
& Thalia \	
ParliamentarianNadine	
Picnic Diane Bish	
ProgramRhonda	
Relay for Life	Nova Brown
Student Assistance FundJu	
& Nadine	
Sunshine	
Talent ShowJı	
& Nadine	
Toys for TotsLau	
Venue/Reservations Law	
Ferrin Memorial Scholarship F	
G	
WebsiteRa	
YouthRhonda	
routirRhonda	remm-Davis

### **CONTACT US**

Caribbean-American For Community Involvement 675 Royal Palm Beach Boulevard Suite #134 Royal Palm Beach, FL 33411 561.790.4002

cafci@bellsouth.net ★ <u>www.cafcipbc.org</u> <u>www.facebook.com/cafcipbc</u>

Board meetings - 4th Thursday of the month See back page for calendar of events.

### PRESIDENT'S MESSAGE

Our thoughts and prayers are with those who were affected by Hurricane Ian and Hurricane Fiona.

Annual Friendship Ball: After three attempts, we were finally able to host the successful 31st Annual Friendship Ball on September 17th. It was a beautiful and eniovable event. Some of the attendees described it as the best CAFCI Ball they have attended in several years. Special thanks to the entire Ball and Journal Committee for their hard work and dedication in putting on a successful and entertaining program. The team consisted of: Cindy Beckles, Barrington Berry, Nova Brown, Radcliffe Brown, Charmaine Henry, Lawrence Logan, Alvin Nembhard, Junette Powell, Audrey Smith, Hildreth Stoddart-Brown, Barbara Walker. Genieve White, Nadine White-Boyd, Thalia White Lauren and Dennis Wright. Next year promises to be just as enjoyable. Be on the lookout for full coverage of the Ball in the November issue of the Newsletter.

International Games Day: Our annual International Games Day will be held at Veterans Park in Royal Palm Beach, on Saturday, November 12<sup>th</sup> from 2 pm until sundown. Join us for an afternoon of fun, games, camaraderie and entertainment. Attendees will enjoy different ethnic food, drinks and music. Please bring your favorite games such as dominoes, cards, ludo, scrabble and other board games. Please also bring your favorite dish to share with others. There will be no charge for this event.

Board of Directors Election: Election for vacant seats of CAFCI Board will be held during our General Membership meeting in December. Please let me know if you are willing to chair the Nominating Committee. A candidate for Board Director must be a member in good standing for at least one year and must have functioned in a major role on a CAFCI committee within the past three years. If you would like to see changes within the organization, this is your opportunity.



Dennis Wright



### **OCTOBER 16 - 31**

Charmaine Henry	16
Inez McCallum	20
Britt Deviney	23
Babbette Bodden	26
Wayne Wilks	26
Doreen Baker	28

### November 1 - 15

04
06
07
10
11
12

If you are a CAFCI member and notice that your birthday or the birthday of another member has not been acknowledged, please send us an email to CAFCI (cafci@bellsouth.net) and we will update the birthday list. We apologize for any oversight.

### **GET WELL WISHES TO:**

Charlesworth "Barclay" Varlack

## **CONDOLENCES TO:**

Winsom Genus-Martin
on the loss of her mother
Roy Harvey
on the loss of two sisters
Doreen and Paul Baker
on the loss of his niece

### Please Let Us Know...

Please contact (or ask someone else to contact) one of our Sunshine Committee members if you are ill, know of anyone who is ill or would like to share any condolences and would like it to be announced in the newsletter. If no one tells us, we cannot share it.

Elet Cyris, Chair	561.791.9087
Paul Baker	561.784.0067
Samuel Baxter	561.798.2864

# GENERAL MEMBERSHIP MEETING

# Saturday, October 8, 2022 at 7 pm VIA ZOOM

Join us for our General Membership meeting on Saturday, October 8th. The Honorable Fred Pinto, Mayor of the Village of Royal Palm Beach, will address us with an "Update on the Budget Process and the new Village Hall;" Barry Martin will discuss and answer questions on the topic of "Medicare/Medicaid Open Enrollment". Mark your calendars and make sure to attend this very informative meeting.

To participate in the meeting, you will need a mobile device (smart phone/tablet) or a computer/laptop with a microphone. You may also call in. See instructions below.

# Click on link or copy and paste link in your browser:

https://us02web.zoom.us/j/85318987422?pwd=dllLNER0a2JuNlhtYUZlVkZzYmRSdz09

OR

Visit website: www.cafcipbc.org

Select "Enter Zoom Meeting"

OR

Download the ZOOM App: www.zoom.com

Select "Join A Meeting" Meeting ID: 853 1898 7422

Password: 478705

OR Call-In:

+1 646 558 8656

Meeting ID: 853 1898 7422

Password: 478705

# Congratulations To

### Marcia Hayden,

CAFCI and Newsletter Committee member, on being recognized in the September 1st issue of Wellington magazine for being a community activist. Please see the attached link: <a href="https://issuu.com/floridamagazinepublishers/docs/september">https://issuu.com/floridamagazinepublishers/docs/september</a> 2022wellingtonthemagazine/18?e=1976104/57772931



Thank you to the 31st Annual Friendship Ball Sponsors and Donors for your generous support which enables CAFCI to continue its community outreach programs and service. Thanks also to the Ball Committee for your dedication and commitment to the success of the CAFCI Ball. Special thanks to Junette Powell and Thalia White Lauren who, although out of the area, continue to be active members of the committee with 100% commitment. And to Ball attendees, kudos to you all!!!



# **OUR CHILDREN ARE OUR FUTURE**

CAFCI and the Student Assistance Fund (SAF) Committee would be honored to recognize the accomplishments of its members and/or their relatives; so please share your good news with us and we will publish as space permits.

# STUDENT ASSISTANCE FUND



ONGOING SUPPORT: To donate to the Student Assistance Fund and/or sponsor an award recipient, please contact Nadine White-Boyd at 561.351.6895; Junette Powell at 561.346.2353;

or CAFCI's website at https://www.cafcipbc.org/donation-center and select the Student Assistance option. A donation of any amount will help CAFCI's Student Assistance Fund Committee reach its fundraising goal.

You can mail your check payable to CAFCI, Attention: SAF, 675 Royal Palm Beach Blvd, Royal Palm Beach, FL 33411. If you cannot donate, please share the fundraiser link (<a href="https://www.cafcipbc.org/studentassistanceprogram">https://www.cafcipbc.org/studentassistanceprogram</a>) to help spread the word with family, friends and social media contacts. Thanks in advance for your continued support.

College Student Assistance Applications are now being accepted for 2023. The 2023 Scholarship Application is posted on CAFCI's website. The link is <a href="https://www.cafcipbc.org/student-assistance">https://www.cafcipbc.org/student-assistance</a>. Please share with your family and friends. Just this past year we spoke with a few friends of CAFCI whose child, grandchild or a relative graduated from high school and when asked, "Did you have them fill out the application?", the response was "we forgot." Don't let that be you!



"Art is unquestionably one of the purest and highest elements in human happiness.

It trains the mind through the eye and the eye through the mind.

As the sun colors flowers, so does art color life."

John Lubbock



# CAFCI Scouts BSA Troop 111

After a very long and busy summer filled with many adventures, merit badges and rank advancements, we have transitioned into the Scout year with new leadership positions and many upcoming Scout trips planned.



Front Facing: Ryan Goldberger, Caleb McNally, Jackson Eubanks

This month we started off with our annual Cub Scouts recruitment night where we demonstrated many fun and new activities that Scouts BSA can bring to Webelo and Arrow of Light Scouts. It is a time to share what we do and mentor younger scouts. This event was held at Golden Grove Elementary School where we worked with scouts from Pack 147. Hopefully, some of these scouts will be amongst our new recruits this year when they crossover from Cub Scouts to Scouts BSA.

We were also invited to help out at the Pack 147 "Camping 101" day event. Scouts from Troop 111 taught the Cub Scouts who had just joined the Pack what a day camping looks like. Hopefully these important lessons assist them so when they do go camping, they will not struggle.

Finally, we had our monthly camp out at Jonathan Dickinson State Park in September. We accomplished rank advancements and worked on the Geocaching Merit Badge. Geocaching is like a scavenger hunt but everyone can join in. Many thanks to CAFCI for their continued support of our youth program.

By Ryan Goldberger, Senior Patrol Leader, Troop 111



# Caribbean-American For Community Involvement, in Florida, Inc.

A 501(c)(3) Organization - (EIN #65-0965408)

675 Royal Palm Beach Boulevard • Suite #134 • Royal Palm Beach, FL 33411 www.cafcipbc.org • E-mail: cafci@bellsouth.net • Phone: 561.790.4002 Follow us on Facebook

October 1, 2022

Dear Prospective Student Assistance Fund Donor:

Caribbean-American For Community Involvement in Florida, Inc. (CAFCI) continues its more than 32 years of service to the community. CAFCI, a (501)(c)(3) organization, functions due to 100% of dedicated volunteers and is committed to advancing our youths' higher education. For the past 30 years, CAFCI has raised funds to assist well deserving college-bound high school students in our communities to achieve their educational goals. Your financial donation and dedication to helping CAFCI advance our youth's higher education will help to open college doors to students. With your financial support, CAFCI will be able to award between \$500 to \$1,500 to each deserving student.

Many ambitious students are denied access to a college education due to financial constraints. As you can imagine, many high school students may hold the key to a cure for a disease but may never have the opportunity to maximize their potential. Many have innovative ideas for probable solutions to social problems, yet may never have a chance to expand on them. Others are discouraged simply because the first step to higher education may seem financially impossible.

CAFCI's Student Assistance Fund Committee is requesting your financial help. We invite you to partner with CAFCI in financially assisting our youths to make their educational goals a reality. Your contribution will make a difference in the lives of our youth as your donation will not only provide hope to more students but will also help to ease their financial burden. Please find accompanying information about our organization and past recipients.

We look forward to receiving your life-changing contribution to help with assisting students as they embark on one of their lifelong endeavors to begin college. We will publicly acknowledge you on our *Donors' List*. You may make your donation online by going to <a href="www.cafcipbc.org/donation-center">www.cafcipbc.org/donation-center</a> and select Student Assistance or by mailing your donation by April 30, 2023 to:

CAFCI

Attn: Student Assistance Fund 675 Royal Palm Beach Boulevard, Suite 134 Royal Palm Beach, FL 33411

Thank you in advance for your donation. Should you have any questions, please do not hesitate to contact us at 561.790.4002.

Respectfully,

Nadine White-BoydJunette PowellDennis WrightNadine White-BoydJunette PowellDennis WrightCo-Chair, Student Asst. CommitteeCo-Chair, Student Asst. CommitteePresident

# **WAYS TO SUPPORT CAFCI... WE NEED YOU!!!**

CAFCI website: https://www.cafcipbc.org/donation-center

GoFundMe: Visit <a href="https://gofund.me/7319cf9a">https://gofund.me/7319cf9a</a> • Please share with your friends and family

### HAVE YOU JOINED OR RENEWED YOUR MEMBERSHIP TO CAFC!???

2022 MEMBERSHIP DUES (Single - \$60 • Couple - \$100)

Submit your membership dues online at: https://www.cafcipbc.org/membership-dues\_OR

Mail to: CAFCI Attention: Lawrence Logan,

675 Royal Palm Beach Boulevard, Suite #134, Royal Palm Beach, FL 33411



### DO YOU SHOP ON AMAZON???

Help support CAFCI when shopping online at Amazon ... IT'S EASY!

- 1. Just sign into or create your account at <a href="https://smile.amazon.com">https://smile.amazon.com</a>
- 2. Select Caribbean American for Community Involvement in Florida as your preferred charity.

Amazon will donate 0.5% of the price of your eligible purchases to CAFCI, thereby helping to fund CAFCI programs such as the Student Assistance Fund for college bound students, Scouts, annual Martin Luther King, Jr. Day Celebration and Cultural Diversity Day as well as other events that benefit the community.

# A for C.A.F.C.I.



There were no viable leads to acquire land or property this past month. High prices and interest rates are making our search more difficult. We will continue to search for that ideal gem both in and outside our preferred search area based on the outlined strategy. Our preferred search area is bounded on the north by Orange Boulevard, Jog Road to the east, Lake Worth Road to the south and Seminole Pratt Whitney Road to the west.

If you have information about potential investor(s) who may be able to help with funding, share your ideas or provide information about available property, email cafci@bellsouth.net, copying radcliffewoody@aol.com or call 561.790.4002 and leave a message.

Participation in the **Home of Our Own** project is available through the Buy-A-Brick program. Visit the web page at www.cafcipbc.org and click on the **"Home of Our Own"** tab or call Radcliffe "Woody" Brown at 561.791.3344 for more information. We have made it easier to take part in the program by facilitating monthly payments to buy a brick. Monthly payments of \$50 for a \$1,000 brick and \$150 for a \$3,000 brick are available.

Submitted by Radcliffe "Woody" Brown, CAFCI Home Of Our Own Chair



For nearly four decades now, the country has recognized **October as National Breast Cancer Awareness Month**. It is a time annually devoted to educating everyone about breast cancer and the importance of early detection and timely, high-quality care.

**Know Your Risk -** Even though you cannot change your genetic makeup, knowing your family health history can help you reduce your risk of developing health problems.

**Get Screened -** For those at average risk, have a mammogram every year starting at age 40.

Know Your Normal - It's important to know what's normal for you, so if something doesn't look or feel

**Make Healthy Lifestyle Choices -** Living a healthy lifestyle is within all our control and may lower your risk of breast cancer. Maintain a healthy weight, limit alcohol intake and exercise regularly—it all matters when it comes to your overall health and risk of disease.

**Take Action -** There are a number of ways that you can join the fight to save lives. Your support can help in research and help those facing breast cancer today. https://www.komen.org/how-to-help/attend-events/race-for-the-cure/

The 2023 Komen West Palm Beach MORE THAN PINK Walk will be held on Saturday, January 28th and is open for registration.

**Need Help? -** The Komen Breast Care Helpline is a free resource available for every person, including survivors, caregivers, those living with breast cancer and people who have not yet been touched by breast cancer but have questions about how to better care for themselves.

For more information and additional resources, visit <a href="https://www.komen.org/about-komen/our-impact/breast-cancer/breast-cancer-awareness-month/">https://www.komen.org/about-komen/our-impact/breast-cancer/breast-cancer-awareness-month/</a>



**Veterans** Day (originally known as **Armistice Day**) is a federal holiday in the United States observed annually on **November 11**, for honoring military veterans of the United States Armed Forces (who were discharged under conditions other than dishonorable). It coincides with other holidays including Armistice Day and Remembrance Day which are celebrated in other countries that mark the anniversary of the end of World War I. Major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918 when the Armistice with Germany went into effect. At the urging of major U.S. veteran organizations, Armistice Day was renamed Veterans Day in 1954.

Veterans Day is distinct from Memorial Day, a U.S. public holiday in May. Veterans Day celebrates the service of all U.S. military veterans, while Memorial Day honors those who had *died* while in military service. [5] Another military holiday that also occurs in May, Armed Forces Day, honors those *currently serving* in the U.S. military. Additionally, Women Veterans Day is recognized by a growing number of U.S. states that specifically honor women who have served in the U.S. military.

On November 11, 1919, U.S. President Woodrow Wilson issued a message to his countrymen on the first Armistice Day, in which he expressed what he felt the day meant to Americans:

ADDRESS TO FELLOW-COUNTRYMEN The White House, November 11, 1919.

A year ago today our enemies laid down their arms in accordance with an armistice which rendered them impotent to renew hostilities, and gave to the world an assured opportunity to reconstruct its shattered order and to work out in peace a new and more just set of international relations. The soldiers and people of the European Allies had fought and endured for more than four years to uphold the barrier of civilization against the aggressions of armed force. We ourselves had been in the conflict something more than a year and a half.

With splendid forgetfulness of mere personal concerns, we remodeled our industries, concentrated our financial resources, increased our agricultural output, and assembled a great army, so that at the last our power was a decisive factor in the victory. We were able to bring the vast resources, material and moral, of a great and free people to the assistance of our associates in Europe who had suffered and sacrificed without limit in the cause for which we fought.

Out of this victory there arose new possibilities of political freedom and economic concert. The war showed us the strength of great nations acting together for high purposes, and the victory of arms foretells the enduring conquests which can be made in peace when nations act justly and in furtherance of the common interests of men.

To us in America the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service, and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of nations.

Source: https://en.wikipedia.org/wiki/Veterans Day



Atlantic Hurricane Season
June 1 - November 30

### Be Prepared and ...

**Know Your Hurricane Risk -** Hurricanes are not just a coastal problem. Find out how rain, wind, water and even tornadoes could happen far inland from where a hurricane or tropical storm makes landfall. <u>Start preparing now</u>.

Make an Emergency Plan - Make sure everyone in your household knows and understands your hurricane plans. Include the office, kids' day care, and anywhere else you frequent in your hurricane plans. Ensure your business has a continuity plan to continue operating when disaster strikes.

**Know your Evacuation Zone -** You may have to evacuate quickly due to a hurricane if you live in an evacuation zone. <u>Learn your evacuation routes</u>, practice with your household and pets, and identify where you will stay.

Follow the instructions from local emergency managers, who work closely with state, local, tribal, and territorial agencies, and partners. They will provide the latest recommendations based on the threat to your community and appropriate safety measures.

**Recognize Warnings and Alerts -** Have several ways to receive alerts. <u>Download the FEMA app</u> and receive real-time alerts from the National Weather Service for up to five locations nationwide. <u>Sign up for community alerts</u> in your area and be aware of the Emergency Alert System (EAS) and Wireless Emergency Alert (WEA), which require no sign up.

**Those with Disabilities** - Identify if you may need additional help during an emergency if you or anyone else in your household is an <u>individual with a disability</u>.

**Review Important Documents -** Make sure your <u>insurance</u> <u>policies and personal documents</u>, such as ID, are up to date. Make copies and keep them in a secure password-protected digital space.

**Strengthen your Home -** De-clutter drains and gutters, bring in outside furniture, and consider hurricane shutters.

**Get Tech Ready -** <u>Keep your cell phone charged</u> when you know a hurricane is in the forecast and purchase backup charging devices to power electronics.

Help your Neighborhood - Check with neighbors, <u>senior</u> adults, or those who may need additional help securing hurricane plans to see how you can be of assistance to others **Gather Supplies** - <u>Have enough supplies</u> for your household, include medication, disinfectant supplies and <u>pet supplies</u> in your go bag or car trunk. You may not have access to these supplies for days or even weeks after a hurricane.

To be sure you are prepared, visit <a href="https://www.ready.gov/hurricanes">https://www.ready.gov/hurricanes</a>

# **DOING BUSINESS**

Let's Support Businesses In Our Community
RAJA INDIAN CUISINE & BAR

11:30 am - 2:30 pm • 5 pm - 10 pm

12794 Forest Hill Blvd., Unit 20, Wellington, FL 33414 561. 855.2703 rajawellington.com



#### DONATE TO "CLINICS CAN HELP"

DO YOU HAVE MEDICAL EQUIPMENT OR UNOPENED MEDICAL SUPPLIES YOU NO LONGER NEED, OR ARE YOU IN NEED OF MEDICAL EQUIPMENT OR SUPPLIES?

If so, check out "Clinics Can Help," a local nonprofit organization that accepts gently used durable medical equipment (e.g. wheelchairs, hospital beds, walkers, shower chairs, commodes, nebulizers, oxygen concentrators, etc.) and unused medical supplies (adult diapers, wound care materials, etc.) donated by the community. "Clinics Can Help" cleans and refurbishes the equipment it receives, and redistributes it, along with donated medical supplies, to Palm Beach County residents who need it. "Clinics Can Help" stores the equipment and supplies at its warehouse at 2560 Westgate Avenue in West Palm Beach. Last year it provided over 3,000 children and adults in Palm Beach County with medical equipment and supplies. CAFCI members can donate medical equipment or unused medical supplies to "Clinics Can Help," or seek needed medical equipment and supplies. To learn more, click on this link: https://www.clinicscanhelp.org/. You can also call "Clinics Can Help" at 561.640.2995 to see if it has the equipment or supplies you need.

### COVID-19

For the most up-to-date and accurate information about COVID-19 and vaccinations

visit the Centers for Disease Control and Prevention (CDC) website at <a href="https://www.cdc.gov/covid-19">www.cdc.gov/covid-19</a>

For the latest COVID-19 vaccine updates in Florida visit https://floridahealthcovid19.gov/vaccines/

The Florida Health COVID-19 24-hour hotline is available to answer general vaccine questions: 866.779.6121

Senior Hotline: 866.201.6754

Appointment line for seniors over 65

who do not have access to a computer.

# IN THE NEWS ...

# STAY UP TO DATE WITH COVID-19 VACCINES INCLUDING BOOSTERS

- CDC recommends everyone stay up to date with COVID-19 vaccines for their age group
- Updated (bivalent) boosters became available for people ages 12 and older over Labor Day weekend.

For more information visit <a href="https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html">https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html</a>

# 2022 MEMBERSHIP DUES

(Single - \$60 \* Couple - \$100)

Submit your membership dues online at www.cafcipbc.org OR

Mail to CAFCI Attention: Lawrence Logan, 675 Royal Palm Beach Boulevard, Suite #134, Royal Palm Beach, FL 33411

# MARK YOUR CALENDAR CAFCI'S EVENTS

Dates are subject to change. Please check the current issue of the NEWS and the website.

Saturday, October 8: **General Membership Meeting**, 7 pm, Via Zoom
Saturday, November 12: **International Games Day**, 2 pm, Veterans Park
Saturday, December 10: **General Membership Meeting +Toys for Tots + Board Elections**, 7 pm, Via Zoom

Saturday, December 31, 2022 at 8 pm CAFCI New Year's Eve Gala

Royal Palm Beach Cultural Center, 151 Civic Center Way, Royal Palm Beach

January 14: General Membership Meeting + Board Swearing In, 7 pm, Via Zoom
January 16: Martin Luther King, Jr. Day Celebration, 9 am, Royal Palm Beach Cultural Center
February 11: General Membership Meeting, 7 pm, Via Zoom
March 11: General Membership Meeting, 7 pm, Via Zoom
April 8: Annual Picnic, 11 am, Okeeheelee Park, Micanopy Pavilion
June 10: General Membership Meeting, 7 pm, - Via Zoom

## **AROUND TOWN**

- Saturday, October 22<sup>nd</sup>, 11 am 7 pm: Grace Episcopal Church presents their annual GraceFest. There is also a Gracefest raffle. Six tickets for \$10 or \$2 each. For information, contact Shawn at 561.735.1646 or Barbara at 954.895.7682.
- Saturday, November 5<sup>th</sup>, 7 pm 11 pm: Free Spirit Outreach, Inc. invites you to An Evening of Sheer Elegance at Hilton Hotel Palm Beach Airport, Majestic Ballroom. Music by DJ Toots. For information, call 561.692.1508 or 561.708.3193.
- Visit the Cultural Council for Palm Beach County at https://events.palmbeachculture.com/ for upcoming events and activities.
- Visit the **Kravis Center** at <a href="https://www.kravis.org/">https://www.kravis.org/</a> for upcoming events. If you are interested in joining the CAFCI Group to see performances at the Kravis Center, please text Genieve White at 561.876.4161 with the name of the performance, date and preferred seating.
- 1st and 3rd Wednesday of every month, 9 am to 11 am: Feeding South Florida Drive-Thru Food Distribution Site Commons Park, 11600 Poinciana Blvd. To ensure the health and safety of volunteers and community members, we must adhere to the COVID-19 CDC guidelines. Please remain in your car and open the trunk when it is your turn in line. Food is distributed first come, first served while supplies last. If you are unable to get food, please visit feedingsouthflorida.org/covid19 and use the agency locator to find a food pantry in your zip code.
- Mondays & Fridays, 12 pm to 1 pm: Senior Meal Program Royal Palm Beach Recreation Center Senior Games & Activities are held before and after starting at 10:30 am 2 pm
- 1st Tuesday of every month, 3:30 pm to 5 pm: FREE Technology Workshops for Seniors at the Royal Palm Beach Recreation Center

#### **CAFCI'S VALUES STATEMENT:**

Caribbean American for Community Involvement acknowledges and honors the fundamental value and dignity of all individuals and pledges itself to creating and maintaining an environment that respects diverse traditions, heritages, and experiences. We believe in giving a voice to all people and respecting all people regardless of ethnicity or socioeconomic background.

We support the participation in and promotion of events that lead to respect and mutual understanding among the various cultural, ethnic and socioeconomic groups in our community. We believe in promoting honesty and integrity by being transparent in all our dealings, having fun and fellowship with each other while volunteering and caring for the young and elderly and helping those in need.

DISCLAIMER: The views and opinions expressed in this newsletter are not necessarily the views and opinions of CAFCI's members and/or the Newsletter Committee members.

**CAFCI MEMBERS.......**If you would like to share any accomplishments of close relatives (eg. child, grandchild, niece and/or nephew) with your CAFCI Family in the "Our Children Are Our Future" section of the NEWS, please provide the information to Paul Baker (email: ujama4@aol.com or phone 784-0067). If there is any other information you would like to be included in the NEWS, please submit information to Junette Powell (junettep56@gmail.com).

IMPORTANT: Include "CAFCI NEWS" in the subject line when sending e-mails. Inclusion of articles submitted will be at the discretion of the Newsletter Committee and based on space availability.

### **CAFCI**

675 Royal Palm Beach Boulevard Suite #134 Royal Palm Beach, FL 33411

> VOTE . . . It is your civic duty, your responsibility to yourself, your community and the future generation.

Participating in elections is one of the key freedoms of VOTING IS IMPORTANT American life. Many people in countries around the world do not have the same freedom, nor did many Americans in centuries past. No matter what you believe or whom you support, it is important to exercise your rights.

For more information, visit https://www.pbcelections.org/

